

Session Three

Money and Shopping

Skills

ILS Series

Introductions

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Outline of session

- Importance of money and shopping skills
- Age and stage appropriate tasks
- Methods, techniques and equipment
- Resources
- Questions

Why is money and shopping skills important

- Develops organisation skills and social skills
- Helps them understand the value of money and budgeting
- Prepares them for living independently as adults
- Builds confidence, self-reliance and self-esteem
- direct concrete experiences
- Skills need to be introduced in stages and built up over time
- Bridges the gap between the CYPVI and their peers

Early Years

- Experience of different types of shops
- Make aware of smells, sounds, tactile and visual clues in shops
- Involve in shopping process
- Learn appropriate behaviour in shops



Designed in Canva

Primary school

- Identifying notes and coins
- Adding and subtracting and rounding up money
- Choosing items in the shop
- Identifying items by packaging
- Systematic scanning shelves
- Participate in purchasing items in the shop
- Shop identification



Secondary School

- Independent shopping skills
 - Asking for assistance and using customer services
 - Using technology
 - Self checkouts/ contactless payments
 - Online shopping
- Managing money
 - Use of bank cards
 - Online banking
 - Budgeting
 - Pensions and taxes



Designed in Canva

Methods, techniques, and equipment

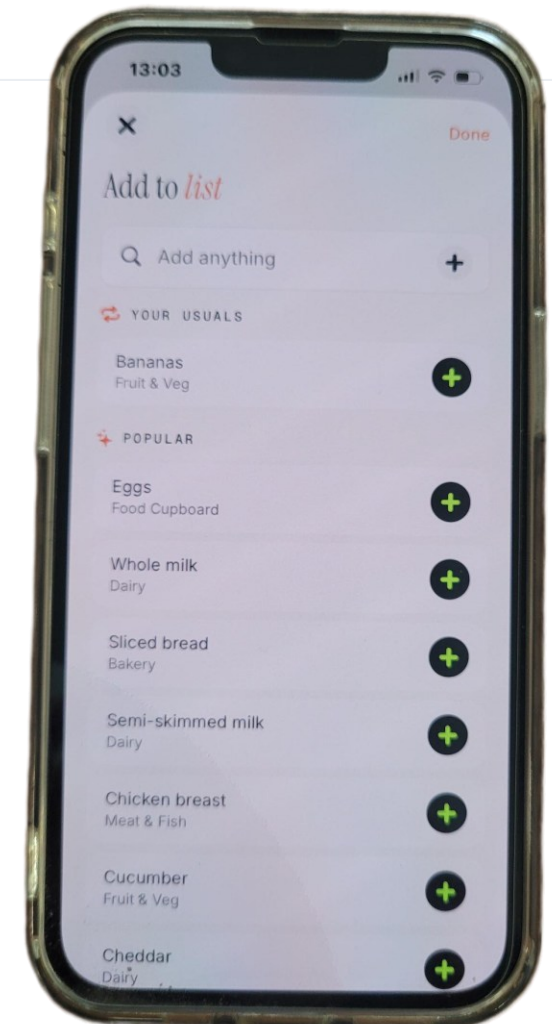


In person shopping

- Learn layout and sections of the shops
- Asking for assistance / customer services
- Booking customer services
- Systematic scanning shelves
- Using apps to locate items
- Meta glasses

Shopping lists

- Identifying what you need
- Creating shopping list according to the layout of the shop
- Physical shopping list
 - Braille or large print
 - Picture
- Electronic shopping list
 - smart speakers
 - Smart phone apps
 - Email
 - Voice note





Using self checkouts

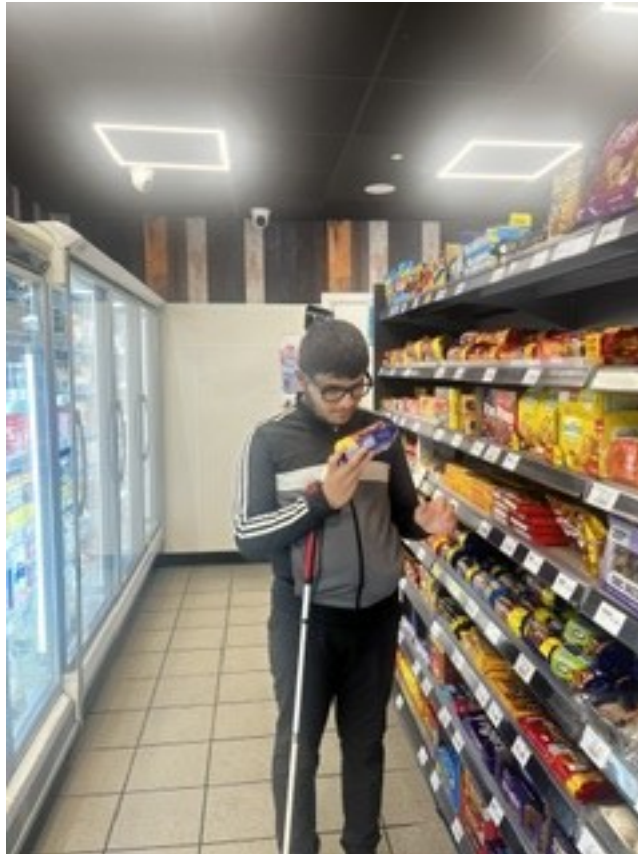
- Familiarise with layout of self checkout
- Systematic method for scanning items
- Scan as you go apps or handheld devices
- Accessibility of touch screen kiosks

Bank cards, Contactless payments, and Bank Notes

- Youth bank accounts
- High visibility and tactile debit cards
- Clear plastic card wallets
- Using the keypad- touch screen
- Using contactless card
- Mobile wallets
- Tactile features on bank notes



Supermarket shopping- case study



Online shopping

- Sections of shop transfer to online shops
- Screen reader
- Accessible websites and phone apps
- Built in magnifiers / accessibility functions
- Saving credit/ debt card info

Money management

- Phone Apps- for recording finances
 - Accessibility ledger
 - Banking apps- savings and budget
- Organisations that help with money
 - Money Ready
 - GoHenry
- Banking
 - Online banking
 - talking bank machines

Technology

- Alexa - echo dot
- Smart fridge
- Meta glasses
- Smart phone/ tablet apps
- See handout for links and details

Resources

- RNIB articles
- Insight for Blind YouTube channel
- Look
- Doubletap podcast
- See handout for links and details
- [Supporting Life Skills for Children and Young People with Vision Impairment and Other Disabilities A Middle Childhood Habilitation Handbook- Fiona Broadley](#) (money and shopping section)

Questions



Image by Csaba Nagy from Pixabay